

FOSTER CARERS TRAINING AND DEVELOPMENT 2024

INTRODUCTION:

Nurture Fostering recognises the importance and value of training for their foster carers. It allows them the opportunity to reflect on their own practice and to learn new skills and develop additional skills over a period of time.

Nurture has therefore organised an array of training; some mandatory training which needs to be completed every 12 or 24 months, as advised by your supervising social worker and detailed below.

Some additional training and workshops that will assist with knowledge building and support, would support and under-pin learning and supporting children with complex issues.

We will be commencing our training for 2024 with a blended training plan. Some will be delivered in our training room in Lewisham, some online and some will be interactive online.

Mandatory Training: E Learning

To be completed following approval

- Safeguarding - Level 2
- Child Sexual Exploitation - Level 2
- Record Keeping
- Sexual Abuse and Recognising Grooming
- First Aid – Unless you already have a valid certificate.

To be completed annually:

- Safeguarding Level 2

To be completed every 2 years:

- Child Sexual Exploitation - Level 2
- Record Keeping
- Sexual Abuse and Recognising Grooming

To be completed every three years:

Paediatric First Aid in person a refresher course is available on Me Learning

Full List of E Learning Available:

The following list of training is available on line in your Me Learning account, your Supervising Social Worker will discuss with you which courses will be particularly useful for yourself.

Please however feel free to develop additional learning through this resource.

- Child Sexual Exploitation Level 2
- Equality & Diversity
- Female Genital Mutilation
- Keeping Good Records
- Safeguarding Level 2
- Sexual Abuse & Recognising Grooming
- Information Sharing and Consent
- Bullying and Cyberbullying
- Effective Communication with children and families
- Honour Based violence and forced marriage.
- Human trafficking and modern-day slavery
- First Aid – This course to be completed as soon as the foster carer has been approved.
- Missing Children
- Criminal Exploitation and County Lines
- LGBTQ+ Children
- Autism Awareness
- Self-Harm
- GDPR

MANDATORY TRAINING – INTERACTIVE AND ONLINE FOR NEWLY APPROVED PARENT AND CHILD PARENTS ONLY.

- Parent & Child Training – 3 days – All approved parent and child foster carers or foster carers who would like to be considered for parent and child placements will be required to attend this course.

TRAINING CALENDER:

COURSE	DATE & LOCATION
Skills to Foster	February 26th and 27th 10am – 5pm April 18th and 19th April 10am-5pm September 9th and 10th 10am – 5pm November 25th and 26th 10am – 5 pm
Skills to Foster for Transferring Foster Carers	This course will be run as and when needed and to the convenience of transferring foster carers.
Skills to Foster for Backup Carers Elleisha	January 20th 2024 September 7th 2024
Induction Training – Mandatory for all newly approved foster carers Jill or Charlotte	10.00-13.00 March 13th May 16th June 20th September 3rd November 7th
TSD Workshops Helen and Michelle Please book on with your SSW	10.00 - 13.00 March 26th June 19th September 17th December 3rd
IT Support	Adam is available to support with any IT issues every Thursday from 10-12, you can telephone, facetime, email or organise to drop in for support.

Workshops:	
Parental Controls and Guidance in the home Adam	March 14th 10-12.00 September 18th 10.00-12.00
Missing Children Protocol – A police officer prospective - Ashleigh	April 17th 9.30-12.00
Pupil Premium - How is it allocated and who holds the budget	TBC
Promoting children’s religious identity – caring for children of a different ethnicity in your home	TBC
Recording for foster carers: Health appointments, school attendance day logs – Adam	March 11th 2024 – 10-11.30
Training	
Parent & Child – 3-day training – Only for Parent & child approved foster carers.	May 2nd, 3rd and 4th 10.00-14.00 every day.
PACE – (Playfulness, Acceptance, Curiosity, Empathy) Training	February 6th – virtual 10.00-12.00
Care Proceedings from a child’s perspective Elleisha or Michelle, Kafayah	10.00 - 13.00 May 14th 2024 November 12th 2024
Safer Care & allegations – Foster Carers Helen, Elleisha, Michelle	10.00 - 13.00 June 25th 2024 November 21st 2024
Safer Caring for Adult Birth Children Elleisha	10.00 - 14.00 February 17th 2024 October 12th 2024

FASD – Foetal Alcohol Spectrum Disorder	March 21st 9.30-12.30 Venue: Rivoli Meeting Room Unit E, 59 Ladywell Road, London, SE13 7UT 07891 061118 020 3441 9030 www.rivolimeetingroom.co.uk
SIDS & Baby Safe Sleeping To be attended by all foster carers caring for children aged 0-3	10.00 - 13.00 April 30th 10.00-13.00
Trauma Informed Practice	10.00 - 13.00 May 8th 10.00-13.00
De-Escalation and positive reinforcement	April 24th 10.00 - 13.00
Overcoming Abuse	May 1st: 10-13.00 October: 4th 10.00-13.00
The impact of Sibling Separation	June: 3rd 10.00 - 1.00
Fostering Asylum Seekers and refugees	July 16 10.00-13.00
Online safety - Ashleigh	February 22nd 2024
Safer Relationship with teenagers including safer sex and LGBTQ+ Elleisha and Ashleigh	July 9th 2024
Social Graces – Elleisha and Ashleigh	September 26th 2024
First Aid – Mandatory for all new foster carers and to be repeated every three years	

SUPPORT GROUPS

Nurture would like to see as many of you as possible at our support groups, we find that many of our foster carers find strength and support from one another.

Some of these sessions will also be run virtually to allow everyone to participate.

Month	Lewisham – Rivoli Centre Lewisham
February	20
April	9
June	4
July	30
September	24
November	19
December	12

MALE CARE GIVER SUPPORT GROUPS – organised and supported by Adam Mead and Christian Rainbow-Laird

Month	Date	Time
March	6	19.00
June	5	19.00
September	11	19.00
November	6	19.00

ADDITIONAL TRAINING AVAILABLE:

The safeguarding board of every local authority provides training free of charge to its residents. In Lewisham for example the following training can be accessed by its residents and anyone caring for a Lewisham child.

We encourage all of our foster carers to access their local safeguarding board training hub to enable them to have greater access to additional training.

Examples of training available currently through the Lewisham Safeguarding Board.

- Complex Neglect of Children and Young People
- Controlling & Coercive Behaviour

- Criminal Exploitation & Modern Slavery of Children & Vulnerable Adults
- CSE Through the Lens of Contextual Safeguarding
- Effects of Domestic Abuse on Children
- Domestic Violence & Abuse Awareness
- Fabricated & Induced Illness Awareness
- Gaming & Gambling Harm Prevention Programme for children and young people
- Gangs, Exploitation & Effective Practice
- Health Improvement Programme
- Intra-familial Child Sexual Abuse
- Safeguarding Children Level 1
- Safeguarding Sexually Active Young People
- Safeguarding Vulnerable Children & Young People from Extremism
- Self-Harm & Suicide Ideations in Young People Awareness
- Sexual Violence and Exploitation Amongst Young People
- Tech Abuse of Children & Young People check.

NVQ Level 2 TRAINING

The Skills Network are offering free NVQ courses to be completed over a 16-week period in the following areas:

- Level 2 Certificate in Behaviour that Challenges in Children
- Level 2 Certificate in Equality & Diversity
- Level 2 Certificate in Understanding Autism
- Level 2 Certificate in Understanding Children and Young People's Mental Health

Please can you confirm your attendance to info@nurture-fostering.co.uk – We look forward to hearing from you.