

FOSTER CARERS TRAINING AND DEVELOPMENT 2023

INTRODUCTION:

Nurture Fostering recognises the importance and value of training for their foster carers. It allows them the opportunity to reflect on their own practice and to learn new skills and develop additional skills over a period.

Nurture has therefore organised an array of training; some mandatory training which needs to be completed every 12 months, some additional training and workshops that will assist with knowledge building and support and organised some workshops which we feel would support and under-pin learning and supporting children with complex issues.

We will be commencing our training for 2023 with a blended training plan. Some will be delivered in our training room in Lewisham, some online and some will be interactive online.

Mandatory Training: E Learning

To be completed following approval

- Safeguarding - Level 2
- Child Sexual Exploitation - Level 2
- Record Keeping
- Sexual Abuse and Recognising Grooming
- First Aid – Unless you already have a valid certificate

To be completed annually:

- Safeguarding Level 2

To be completed every 2 years:

- Child Sexual Exploitation - Level 2
- Record Keeping
- Sexual Abuse and Recognising Grooming

To be completed every three years:

Paediatric First Aid in person a refresher course is available on Me Learning

Full List of E Learning Available:

These will be required to be completed within the first 18 months of becoming a foster carer, these can be accessed as refreshers as and when required.

- Child Sexual Exploitation Level 2
- Equality & Diversity
- Female Genital Mutilation
- Keeping Good Records
- Safeguarding Level 2
- Sexual Abuse & Recognising Grooming
- Information Sharing and Consent
- Bullying and Cyberbullying
- Effective Communication with children and families
- Honour Based violence and forced marriage
- Human trafficking and modern-day slavery
- First Aid – This course to be completed as soon as the foster carer has been approved
- Missing Children
- Criminal Exploitation and County Lines
- LGBTQ+ Children
- Autism Awareness
- Self-Harm
- GDPR

MANDATORY TRAINING – INTERACTIVE AND ONLINE FOR NEWLY APPROVED PARENT AND CHILD PARENTS ONLY.

- Parent & Child Training – 3 days – All approved parent and child foster carers or foster carers who would like to be considered for parent and child placements will be required to attend this course

TRAINING CALENDER:

COURSE	DATE & LOCATION
Skills to Foster	This course is two full days 9.30 – 5.00, both days have to be attended

	<p>unless you are a transferring foster carer.</p> <p>February Monday 13th & Tuesday 14th May – Thursday 18th and Friday 19th September Monday 18th & Tuesday 19th December Monday 4th and Tuesday 5th</p>
Skills to Foster for Transferring Foster Carers	By arrangement to suit foster carers
Induction Training – Mandatory for all newly approved foster carers	<p>10.00 – 13.00 – Training Room Lewisham</p> <p>January 25 March 27 May 24 September 26 November 22</p>
TSD Workshops	<p>Virtual 10.00-13.00 TSD's need to be completed by your first annual review.</p> <p>April 20 September 14 November 9</p>
IT Support	Adam is available to support with any IT issues every Thursday from 10-12, you can telephone, face time, e mail or organise to drop in for support
Workshops:	
Parental Controls and Guidance	Adam – June 6th – Lewisham Office 10.00-13.00
Matching & Placements	Charlotte – 9th May 2023 – Lewisham Training room
Missing Children Protocol – A police prospective	Elleisha July 5th 10.00-12.00 – Lewisham Office
Life story – Keeping memories safe	Jill Valenti 15th November 2023 – Nurture Training Room
Training	

Parent & Child – 3 day training – Only for Parent & child approved foster carers	Virtual Training 10-2 Please note that all three days must be attended. Foster Carers will be invited to this event
PACE – (Playfulness, Acceptance, Curiosity, Empathy) Training	24th March 2023 Prompt 10.00 start – 13.00 To be delivered virtually The training room at Nurture will be hosting the training virtually please book with your Supervising Social Worker
Care Proceedings from a child's prospective	17th May – Elleisha & Michelle 18th October – Michelle
Safer Care & allegations	8th March Helen 8th November – Michelle & Charlotte
SIDS & Baby Safe Sleeping To be attended by all foster carers caring for children aged 0-3	Wednesday June 21st 10-1.00 Lewisham Training Room
Trauma Informed Practice	9th October 2023 The Training Room Nurture Fostering. 9.30-2.30
De-Escalation and positive reinforcement	Virtual and also available in the Lewisham Training room: 22nd June 2023 10.00 – 1.00
Overcoming Abuse	Monday September 4th Virtual and interactive 10-1.30 Delivered by Nick Barwick a former care leaver
The impact of Sibling Separation	Tuesday 3rd October 2023 Virtual and interactive 10-1.20 Delivered by Nick Barwick a former care leaver
ADHD & Autism	Lewisham Training Room 10/05/2023 9.30-15.00
First Aid – Mandatory for all new foster carers and to be repeated every three years	Dates and venues will be advised to you directly via your SSW

SUPPORT GROUPS

Nurture would like to see as many of you as possible at our support groups, we find that many of our foster carers find strength and support from one another.

Month	Lewisham	Croydon
February	20	23
April	26	27
June	19	29
July	12	13
September	22	21
November	4	21
December: Nurture will hold an end of year celebration date to be released		

MALE CARE GIVER SUPPORT GROUPS – Ran and supported by Adam Mead

These will take place virtually

Month	Date	Time
March	30	19.00
June	27	19.00
September	12	19.00
November	23	19.00

ADDITIONAL TRAINING AVAILABLE:

The safeguarding board of every local authority provides training free of charge to its residents. In Lewisham for example the following training can be accessed by its residents and anyone caring for a Lewisham child.

We encourage all of our foster carers to access their local safeguarding board training hub to enable them to have greater access to additional training.

Examples of training available currently through the Lewisham Safeguarding Board.

- Complex Neglect of Children and Young People
- Controlling & Coercive Behaviour
- Criminal Exploitation & Modern Slavery of Children & Vulnerable Adults
- CSE Through the Lens of Contextual Safeguarding
- Effects of Domestic Abuse on Children
- Domestic Violence & Abuse Awareness
- Fabricated & Induced Illness Awareness

- Gaming & Gambling Harm Prevention Programme for children and Young people
- Gangs, Exploitation & Effective Practice
- Health Improvement Programme
- Intra-familial Child Sexual Abuse
- Safeguarding Children Level 1
- Safeguarding Sexually Active Young People
- Safeguarding Vulnerable Children & Young People from Extremism
- Self-Harm & Suicide Ideations in Young People Awareness
- Sexual Violence and Exploitation Amongst Young People
- Tech Abuse of Children & Young People

NVQ Level 2 TRAINING

The Skills Network are offering free NVQ courses to be completed over a 16-week period in the following areas:

- Level 2 Certificate in Behaviour that Challenges in Children
- Level 2 Certificate in Equality & Diversity
- Level 2 Certificate in Understanding Autism
- Level 2 Certificate in Understanding Children and Young People's Mental Health

Please can you confirm your attendance to info@nurture-fostering.co.uk – We look forward to hearing from you.